

## Every Contribution Counts

At NYFS we value every contribution - whatever the size or type. Your generosity is combined with the donations of other individuals, businesses, civic groups and foundations to make a lasting, positive impact on the lives of youth and families living in our community.

Below is just a sampling of the great work our donors and supporters have made possible:

### Community Impact

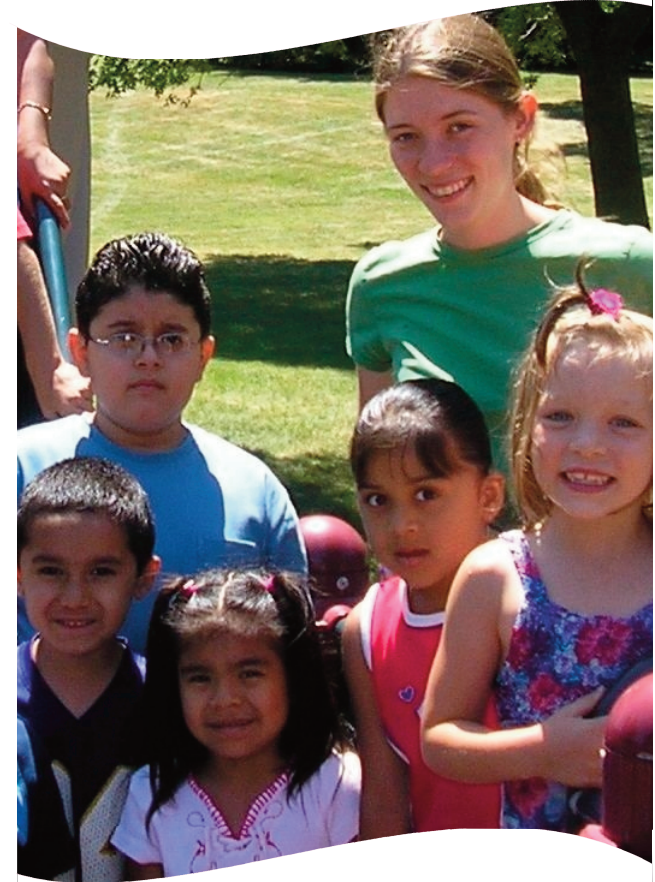
- help youth stay in school and achieve their full academic potential
- prepare youth for career development
- stabilize families in crisis and help them thrive
- help seniors live independently in their homes for as long as possible
- help juvenile delinquents redirect their lives and stay out of the criminal justice system
- improve the emotional health and well-being of youth, families and seniors

For more information about the programs and services of NYFS, please visit us on the web at [www.nyfs.org](http://www.nyfs.org).

**NYFS**  
Northwest Youth & Family Services  
Developing Healthy Lives

3490 Lexington Ave. N.  
Shoreview, MN 55126

**Make a Gift that  
Lasts a Lifetime**



## Planned Giving Program

3490 Lexington Ave. N.  
Shoreview, MN 55126  
651-379-3421 [www.nyfs.org](http://www.nyfs.org)

# Northwest Youth & Family Services

## We change lives

NYFS is a non-profit social service and mental health counseling agency that has been improving the lives of your friends and neighbors since 1976. **Our mission is to prepare youth and families for healthy lives.**

### NYFS Programs and Services

- Mental health counseling for youth, adults and families
- Senior Chore services
- Youth career development
- Community social workers
- Day treatment services for youth struggling with severe emotional and mental difficulties
- Support groups for parents and youth
- Juvenile delinquency intervention services
- Summer camps for low-income youth
- Discovery Initiative, a mentoring program for disengaged youth
- Speakers Bureau

We are dedicated to serving those in need, regardless of income. Often those who need us the most have the fewest financial resources. Your support helps ensure that those who need our services will receive help.

**“Alone we can do so little; together we can do so much”**

~ Helen Keller

### Ways to Support NYFS

There are almost as many ways to donate as there are needs to be met. Please explore this section and discover how you can make a gift that is appropriate to your circumstances and needs of your family.

#### Bequests

Name NYFS in your will and bequest what percentage of your estate goes to us after your lifetime. Your attorney can help draw up your will or update your existing one.

#### Beneficiary Designations

You can name NYFS as a beneficiary of your retirement plan, life insurance, bank account or CDs. You also continue to own these above assets for your lifetime and have them available for your use. Upon your death, the assets pass directly to NYFS without going through probate.

#### Charitable Gift Annuity

This gift annuity is a simple contract between you and us, whereby you transfer cash or property to NYFS in exchange for a partial tax deduction and a lifetime stream of annual income. After your lifetime, NYFS will keep the gift. The older you are, the higher your annuity rate. If you use appreciated property, instead of cash, to fund the gift annuity, you will escape the capital gains tax on the gift portion of the transaction. In addition, you are eligible to spread the remaining capital gains tax over your lifetime.

#### Charitable Remainder Trust

This trust pays you a fixed or variable income. The payments are made either for life or a period of time not to exceed 20 years. At the end of the trust's term, the remaining balance in the trust goes to NYFS. You will also receive a partial income tax deduction.

In the right circumstances, this plan can increase your income, reduce your taxes, unlock appreciated investments, rid you of investment worries and ultimately provides very important support to NYFS.

#### Charitable Lead Trust

This type of trust pays income to NYFS, typically for a period of years, after which the remaining balance of the trust passes to a family member.

*Because this kind of decision has such important implications, we encourage you to seek the advice of your attorney and loved ones before making any decision about your financial future.*

**For more information about planned giving opportunities please contact:**

#### Adel Chamoun

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