

2013-2014 Annual Report

Transforming lives today



Creating a better tomorrow for youth,
families and our community

Strong partnerships - strong communities

NYFS was founded in 1976 with the knowledge that strong partnerships create strong communities. While our programs have evolved over the years, our commitment to that ideal continues. I'm happy to report that in the past year we've strengthened some old partnerships and created a few new ones:



In 2013 we renewed our partnership with the Mounds View School District to provide therapeutic support to their revamped REACH Academy program, offered on location at NYFS, that serves over 70 students from several area school districts.

We started a new partnership with the Roseville Area Schools District and four other community organizations to create an out-of-school-time program that will help youth improve their grades, explore careers and develop leadership skills.

In December 2013 we received a multi-year grant from the State of Minnesota, in partnership with three other agencies and four school districts, to increase mental health services in the schools. The goal is to ensure that uninsured and underinsured families receive the services they need.

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We are so fortunate to be part of a vibrant community that understands the value of investing in the lives of our friends and neighbors. Together, we achieve so much more than we ever could on our own. Thank you for your support.

A handwritten signature in black ink, appearing to read 'Jerry Hromatka'.

Jerry Hromatka
NYFS President & CEO

NYFS Community Impact

- we help youth stay in school and achieve their full academic potential
- we prepare youth for employment now and in the future
- we stabilize families in crisis and help them thrive
- we help seniors live independently in their homes
- we help juvenile delinquents redirect their lives

Municipal Partners FY 2013-2014

Arden Hills, Birchwood Village, Falcon Heights, Hugo, Little Canada, Mahtomedi, Mounds View, New Brighton, North Oaks, Roseville, Shoreview, St. Anthony, Vadnais Heights, White Bear Lake, White Bear Township

A lifeline to over 4,000 youth and families every year

Mental Health Programs: Mental health is as important as physical health for youth and families to succeed at home, at work, at school and in the community. We offer effective, culturally-sensitive individual and group counseling to people of all ages and abilities. Low-income clients are eligible to receive services on a sliding-fee scale to ensure that those who need our help can receive it. Our licensed therapists also work with local school districts and staff to support youth in both their school and home environments.

91% of clients who use NYFS' mental health services report an improvement in their functioning

Day Treatment Services: Our day treatment programs serve youth who are struggling with mental health issues. Youth in grades 5-12 receive academic instruction in addition to mental health support and counseling services during the school day. Our immediate goal is to maximize healthy choices and support behaviors that minimize mental health symptoms. Our long-term objective is to promote lasting changes that are good for the child, the family, the school and the community.

84% of NYFS day treatment youth return to a mainstream school district within 10 months of service

Youth Development Programs: Our youth development programs focus on three core areas of achievement that are critical to long-term success: academic achievement, employability and citizenship/life skills. We also connect youth with mentors in the community who help them set and achieve goals, raise their expectations of themselves and take steps that will lead them to a better, more successful future than they had previously imagined.

64% of youth involved in our STEP (Service + Tutoring Equals Pride) program improved their grades



"I feel immense gratitude for what NYFS was able to do for me. Not only did you give me a chance to wipe the slate clean, but you helped me redirect the dangerous momentum of my early and middle teenage years away from drugs and violence."

- a graduate of our Juvenile Delinquency Diversion Program

Financial Report: Fiscal Year 2013-2014

Support

Government Grants	752,607
Contributions	392,468
Special Events & In Kind Cont.	<u>71,165</u>
	1,216,240

Revenue

Program Service Fees	1,998,854
Rent	197,572
Investment Income	3,223
Conference Fees	13,987
Miscellaneous	<u>9,932</u>
	2,223,568

Total Support and Revenue **3,439,808**

Expenses

Program Services	3,100,969
Management & General	157,271
Fundraising	169,047
Building Operating Expense	<u>94,981</u>
Total Expenses*	3,522,268

End of Year Net Assets **1,898,395**

Audited financial reports and 990 forms can be downloaded from our web site: www.nyfs.org



*Includes a non-cash depreciation expense of \$190,000.

Thank You NYFS Donors and Sponsors

Since our start in 1976, NYFS has relied on the support of the community to help us live out our mission of transforming lives. We would like to extend a special thank you to the businesses, individuals, corporations, foundations, churches and civic organizations that have generously contributed to our programs and events in the past year. **A complete listing of all donors can be found on our website at www.nyfs.org**

2013 Taste of the Arts Sponsors

Allegra Print and Imaging, Creative Catering, Exxon Shoreview, Glassman Family Foundation, Land O' Lakes, Ideacom Mid-America, Odds & Ends Again, Pioneer Press, Vadnais Heights Community Foundation, Vadnais Heights Rotary, Western Bank

2014 Leadership Luncheon Sponsors

Anchor Bank, Bahr Memorial Fund, CB Richard Ellis, Comcast, Edward Jones - Larry Wipf Agency, Lakeside Homes, Land O'Lakes, Maguire Agency, Sandy Martin, McGough, Minnesota Vikings, North Suburban Golden K Kiwanis, Ohio National Financial Services, Peoples Bank Midwest, Pioneer Press, St. Anthony Park Dental Care, Trust Marketing Solutions, Inc., Zamansky Professional Association

Northeast Youth & Family Services

Shoreview Headquarters
3490 Lexington Ave. N.
Shoreview, MN 55126

White Bear Area Office
1280 N. Birch Lake Blvd.
White Bear Lake, MN 55110



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Transforming Lives
www.nyfs.org

