

2014-2015 Annual Report

Transforming lives today



Creating a better tomorrow for youth,
families, adults and our community

We're middle aged — and proud of it!

In 2016, Northeast Youth & Family Services will officially hit middle age – the big 4-0. And we're happy to let everyone know how old we really are.

Why? Because with age has come a wealth of experience. We've weathered economic storms, growing pains, changing demographics and ever-fluctuating funding streams. We've learned so much from those experiences. In the past 40 years we've improved and refined our methods and emerged stronger and better prepared to serve our community. But more importantly, the youth, families and adults we've helped are stronger and better prepared to live happy and productive lives.



We didn't make it this far by ourselves. Since our beginning in 1976, NYFS has always been a collaborative effort, combining our efforts with municipal and civic organizations, school districts, businesses, law enforcement agencies and concerned members of the public. Our success is truly their success, too.

We are so grateful to have been in the business of helping others for forty years and we cannot wait to see what the next 40 will bring. From all of us at NYFS, thank you for helping us live out our mission of transforming lives today and creating a better tomorrow for youth, families and adults in our community.

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A handwritten signature in black ink, appearing to read 'Jerry Hromatka'. The signature is fluid and cursive.

Jerry Hromatka
NYFS President and CEO

NYFS Community Impact

- we help youth stay in school and achieve their full academic potential
- we prepare youth for employment
- we stabilize families in crisis and help them thrive
- we help seniors live independently in their homes
- we help juvenile delinquents redirect their lives

Municipal Partners FY 2014-2015

Arden Hills, Birchwood Village, Falcon Heights, Hugo, Little Canada, Mahtomedi, Mounds View, New Brighton, North Oaks, Roseville, Shoreview, St. Anthony, Vadnais Heights, White Bear Lake, White Bear Township

A lifeline to over 4,000 youth and families every year

Mental Health Programs: Mental health is as important as physical health for youth, adults and families to succeed at home, at work, at school and in the community. NYFS offers effective, culturally-sensitive individual and group counseling to people of all ages and abilities. Low-income clients are eligible to receive services on a sliding-fee scale to ensure that those who need our help can receive it. Our licensed therapists also work with local school districts and staff to support youth in both their school and home environments.

70% of outpatient mental health clients report improved functioning

Day Treatment Services: Our day treatment programs serve youth who are struggling with mental health issues. Youth in grades 5-12 receive academic instruction in addition to mental health support and counseling services during the school day. Our immediate goal is to support behaviors that minimize mental health symptoms. Our long-term objective is to increase academic success and promote lasting changes that are good for the child, the family, the school and the community.

84% of day treatment youth return to a mainstream school district within 10 months

Youth Development Programs: Our youth development programs focus on three core areas of achievement that are critical to long-term success: academic achievement, employability and citizenship/life skills. Through the Diversion Program, Senior Chore Program, and collaborative efforts like the Unity Center at Roseville Area Middle School, we help youth set and achieve goals that lead them to a better, more successful future than they had previously imagined.

82% of youth involved in Unity Center programming improved their grades



“I owe you so much. I honestly don’t know where I would be right now if you had not given me this opportunity. Upon completing this Diversion Program, I feel lucky to get a second chance at being a responsible, mature adult. This program has been very successful in turning my unhealthy habits around.

-a graduate of our Juvenile Delinquency Diversion Program

Financial Report: Fiscal Year 2014-2015

Support

Grants	653,307
Contributions	190,013
Special Events & In Kind Cont.	103,214
Total Fundraising:	946,534

Revenue

Program Service Fees	1,804,082
Rent	492,376
Investment Income	1,598
Miscellaneous	15,401
	2,313,457

Total Support and Revenue **3,259,991**

Expenses

Program Services	2,595,323
Management & General	146,424
Fundraising	187,188
Building Operating Expense	202,580
Total Expenses*	3,131,515

*Includes a non-cash depreciation expense of \$190,699.

End of Year Net Assets **2,026,871**

Audited financial reports and 990 forms can be downloaded from our website: www.nyfs.org



Thank You NYFS Donors and Sponsors

Since our start in 1976, NYFS has relied on the support of the community to help us live out our mission of transforming lives. We would like to extend a special thank you to the businesses, individuals, corporations, foundations, churches and civic organizations that have generously contributed to our programs and events in the past year. **A complete listing of all donors can be found on our website at www.nyfs.org**

2014 Taste of Northeast Sponsors

Allegra Print and Imaging, Creative Catering, Exxon Shoreview, Land O'Lakes, Ideacom Mid-America, Pioneer Press, Vadnais Heights Community Foundation, Vadnais Heights Rotary, Western Bank

2015 Mayors' Challenge Golf Tournament

Lead Sponsor: Comcast **Additional Sponsors:** Affinity Plus, Amino Acids, Inc., First Resource Group, Blake Huffman, Maguire Agency, McGough, City of Mounds View, Ohio National Financial Services, Polaris, Vadnais Heights Lions, Vogel Sheetmetal

2015 Leadership Luncheon Sponsors

Anchor Bank, Bahr Memorial Fund, CB Richard Ellis, Comcast, Inspire Medical Systems, Lakeside Homes, Land O'Lakes, Maguire Agency, Sandy Martin, Minnesota Vikings, North Suburban Golden K Kiwanis, Ohio National Financial Services, Peoples Bank Midwest, Pioneer Press, St. Anthony Park Dental Care, Trust Marketing Solutions, Inc., Zamansky Professional Association

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