

2012-2013 Annual Report

Transforming lives today



Creating a better tomorrow for youth, families and our community

New name, new mission statement - same commitment to youth and families

I am happy to report to you that NYFS has made some significant changes - and that we have achieved significant results. Many of these changes began in July 2012, when the White Bear Lake Area Community Counseling Center merged with NYFS. This move enhanced our relationship with the White Bear Lake School District, strengthened ties with law enforcement in the east metro and increased client visits to our White Bear Area office by over 100%. It even prompted us to change our name to Northeast Youth & Family Services to reflect our expanded service area. We have also realigned our Youth Development programs to put more resources behind our after-school programs which work to close the achievement gap. With all these changes, we also decided it was also time to update our mission statement to better reflect our approach to serving others: Transforming lives today - creating a better tomorrow for youth, families and our community. It has been a busy time for us, but a productive one and we are excited to see how these changes will help us better serve the northeast metro area.



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A handwritten signature in black ink, appearing to read 'Jerry Hromatka'. The signature is fluid and cursive.

Jerry Hromatka
NYFS President & CEO

NYFS Community Impact

- we help youth stay in school and achieve their full academic potential
- we prepare youth for employment and families for healthy lives
- we stabilize families in crisis and help them thrive
- we help seniors live independently in their homes for as long as possible
- we help juvenile delinquents redirect their lives and stay out of the criminal justice system

Municipal Partners FY 2012-2013

Arden Hills, Birchwood Village, Falcon Heights, Hugo, Little Canada, Mahtomedi, Mounds View, New Brighton, North Oaks, Roseville, Shoreview, St. Anthony, Vadnais Heights, White Bear Lake, White Bear Township

A lifeline to 4,500 youth and families every year

Mental Health Programs: Mental health is as important as physical health for youth and families to succeed at home, at work, at school and in the community. We offer effective, culturally-sensitive individual and group counseling to people of all ages and abilities. Low-income clients are eligible to receive services on a sliding-fee scale to ensure that those who need our help can receive it. Our licensed therapists also work with local school districts and staff to support youth in both their school and home environments.

91% of clients who use NYFS' mental health services report an improvement in their functioning

Northeast Therapeutic Services (NETS): Our day treatment programs serve youth who are struggling with mental health issues. Youth age 14 to 18 receive academic instruction in addition to mental health support and counseling services during the school day. Youth in fifth through eighth grade receive academic support and counseling after school. Our immediate goal is to maximize healthy choices and support behaviors that minimize mental health symptoms. Our long-term objective is to promote lasting changes that are good for the child, the family, the school and the community.

81% of NETS youth are able to return to their home school districts within 10-24 months of service

Youth Development Programs: Our youth development programs focus on three core areas of achievement that are critical to long-term success: academic achievement, employability and citizenship/real-world life skills. We also connect youth with mentors in the community who help them set and achieve goals, raise their expectations of themselves and take steps that will lead them to a better, more successful future than they had previously imagined.

71 youth entered the workforce through our Senior Chore Program and 96% of seniors served by our youth reported that this program helps them live independently in their own homes



“I am going to stay out of trouble and remember what I learned here. My life is back to normal and I have a great relationship with my parents again. Thank you for helping me”

- a graduate of our Juvenile Delinquency Diversion Program

Financial Report: Fiscal Year 2012-2013

Support

Government Grants	592,028
Contributions	419,911
Special Events & In Kind Cont.	<u>56,306</u>

Total Fundraising: **1,068,245**

Revenue

Program Service Fees	2,250,640
Rent	179,223
Investment Income	1,148
Conference Fees	30,854
Miscellaneous	<u>1,065</u>

Total Support and Revenue **3,531,175**

Expenses

Program Services	3,190,051
Management & General	191,336
Fundraising	167,480
Building Operating Expense	<u>111,855</u>

Total Expenses* **3,660,722**

End of Year Net Assets **1,980,855**

Audited financial reports and 990 forms can be downloaded from our web site: www.nyfs.org



*Includes a non-cash depreciation expense of \$203,239

Thank You NYFS Donors and Sponsors

Since our start in 1976, NYFS has relied on the support of the community to help us live out our mission of transforming lives. We would like to extend a special thank you to the businesses, individuals, corporations, foundations, churches and civic organizations that have generously contributed to our programs and events in the past year. **A complete listing of all donors can be found on our website at www.nyfs.org**

2012 Taste of Northwest Sponsors

Allegra Print and Imaging, Bahr Memorial Fund, Comcast, Creative Catering, Land O' Lakes, Midway Party Rental, Inc., North Ramsey 500 Lions, Pioneer Press

2013 Leadership Luncheon Sponsors

Anchor Bank, Bahr Memorial Fund, CB Richard Ellis, Comcast, Freestyle Productions, Lakeside Homes, Maguire Agency, Sandy Martin, Minnesota Vikings, North Suburban Golden K Kiwanis, Pioneer Press, Risdall Marketing Group, St. Anthony Park Dental Care, Zamansky Professional Association

Northeast Youth & Family Services

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Shoreview, MN 55126

White Bear Area Office
1280 N. Birch Lake Blvd.
White Bear Lake, MN 55110



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Transforming Lives
www.nyfs.org

